

# 2003 Health and Preventive Practices Status Report

from Missouri County-level Study



## Holt County\*\*

	County Prevalence (%)*	Northwest Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	14.3	18.5	16.9
No Health Coverage	18.4	12.1	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	25.8	26.3	23.0
Current Smoker	22.3	27.3	26.5
Overweight (BMI 25-29.9)	39.6	38.0	35.3
Obese (BMI ≥ 30)	19.4	23.1	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	23.1	28.4	28.5
High Cholesterol (35 years or older)	31.0	40.2	37.3
Asthma	9.4	9.3	10.7
Diabetes	8.2	6.3	7.2
Activity Limitation	12.7	17.5	17.8
<b>C</b> ancer Screening			
<i>Women</i>			
Never had a Mammogram	15.5	17.0	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	75.4 H	44.1	49.4
50-64 years of age	52.9	45.8	35.9
65 and older	51.7	62.3 H	47.4
Never had a Pap Test:			
18-69 years of age	2.2	2.8	5.1
70 and older	5.1	12.6	6.4
No Pap Test in Last Year (18-29)	18.2	21.5	25.8
No Pap Test in Last 3 Years (30-69)	9.9	13.9	13.8
<i>Men and Women 50 Years or Older</i>			
Blood Stool Test:			
Never had a Blood Stool Test	58.8	51.0	57.0
No Blood Stool Test in Last Year	83.0	77.8	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	69.4 H	58.6 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	76.4 H	68.6 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Holt county were obtained by combining data from Holt and Atchison counties.